



KNIGHTS OF COLUMBUS BULLETIN

FALLBROOK COUNCIL 7069--DIVISION 5-- DISTRICT 156

February 2026



Brother Knights,

As we enter the month of February, we are reminded of the many ways God calls us to live out our faith through charity, unity, and brotherhood. February invites us to reflect on love—not only in the worldly sense, but in the deeper Christian calling to love through service, sacrifice, and commitment to one another. Our Council continues to be a shining example of this love in action, through our support of our parish, our community, and our Brother Knights. I am grateful for each of you and the time, talents, and dedication you give so generously. May this month strengthen our resolve to serve Christ and one another with open hearts and renewed purpose.

Vivat Jesus!

Adam Nogueira, Grand Knight

2025-2026 ROSTER OF OFFICERS AND DIRECTORS

Grand Knight	Adam Nogueira	1 Year Trustee	Tim Willard
Deputy Grand Knight	Curtis Kahle	2 Year Trustee	Maurice Bernier
Chancellor	Jim Binford	3 Year Trustee	Rick Bernier
Financial Secretary	Gene Simon	Insurance Agent	
Warden	Holden Lynas	District Deputy	Frank Chavez
Recorder	Devin Hurst		
Treasurer	Ken Quigley	Faith Director	Tim Melvin
Advocate	Jeremy Ridgeway	Community Director	
Inside Guard	Rob Helling	Life Director	Mike Sangster
Outside Guard	Will Vasquez	Family Director	Tyler McNeil
Chaplin		Membership Director	

CALENDAR OF EVENTS

February:

- 4 Wed Officer's Meeting 7pm, St Peter's Hall
- 11 Wed Social 6:30pm | Council Meeting 7:30pm
- 18 Monthly Meet Up Cancelled Due to Ash Wednesday
- 21 & 22 Canned Food Drive – Collections at Mass
- 25 Wed PGK Dinner, 6pm St Peter's Hall
- 31 Corporate Communion – 8:45am Sunday Mass

March:

- 4 Wed Social 6:30pm | Officer Meeting 7:30pm
 - 11 Business Meeting 7:30pm, Cancelled Due to Parish Mission
 - 18 Monthly Meet Up, 6pm
 - 25 Wed Potluck, 6pm St Peter's Hall
 - 28 & 29 Canned Food Drive – Collections at Mass
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Reflection of Our Faith - February



The Love Doesn't Leave by Sergio Almada

Why is letting go so hard for us?

Sometimes life changes, and our next chapter requires us to face something new. Sometimes we embrace that change... and sometimes that change just hurts.

Often, change comes with one of the hardest things we are ever asked to do: **let go**.

Sometimes we are excited to let go—especially when what we are leaving behind was not good for us. But more often than not, we struggle to let go because what we are leaving behind wasn't bad. It was meaningful. It mattered.

I'm talking about letting go in general: a job, a city, a company, a parish, a school, a group of friends, a relationship, a season of life. And it's hard, not because we are weak, but because we are human. Because we love. And love attaches. Love bonds. Love builds roots.

We don't always realize it in the moment, but slowly, over time, we become connected—not just to a place or a routine, but to people. To voices. To presence. To familiar faces. To the sense of stability that comes from knowing we are not walking alone.

That's why letting go feels like the ground is shifting underneath us.

Because it's not just change—it's separation. Separation always costs something. But here's what is so important to remember: letting go does not mean love disappears. We often fear that if a chapter closes, everything we lived in that chapter gets erased. That what was built will fade. That the love we experienced will somehow be lost.

But that is not how love works.

Real love doesn't vanish when circumstances change. Real love doesn't get deleted just because people are no longer in the same room, the same routine, the same schedule, or the same environment.

Real love stays. Because love is not simply something we experience—love becomes something we carry.

I can't help but think of the words from Isaiah:

"See, I am doing something new! Now it springs forth, do you not perceive it? In the wilderness I make a way, in the wasteland, rivers." (Isaiah 43:19)

Sometimes when God is doing something new, it doesn't feel exciting at first. Sometimes it feels like the wilderness. It feels like being in between. It feels like losing what was familiar before we can even understand what's coming next.

The wilderness is uncomfortable because it forces us to confront something we don't like to admit:

- We like control.
- We like certainty.
- We like knowing who will be there.
- We like knowing what tomorrow looks like.
- We like the comfort of "normal."

But life doesn't always let us stay in the comfort of what we know. When change comes, we begin to realize how deeply we were connected to what God gave us in that season.

We grow in love and community, and it becomes hard to break that bond. Over time, we learn to love one another—even with our imperfections. We learn to forgive. We learn patience. We learn humility. We learn how to set differences aside for the greater good.

Great things are accomplished—not because everything was perfect, but because love was present. When love is present, even ordinary moments become sacred. That’s why it hurts to let go.

Because we aren’t just letting go of a place—we’re letting go of the way life felt in that chapter. The inside jokes. The familiar encouragement. The support we didn’t even know we needed. The unspoken understanding. The security of knowing we belonged.

When a chapter changes, it can feel like we are losing something that held us together.

But here is the truth: God does not remove people or seasons from our lives to punish us. Sometimes He allows change because He is shaping us, stretching us, preparing us—and most importantly, teaching us how to trust.

Chapters change. Life changes. And we have to trust the Lord—trust that He is making a way even when we don’t understand the route.

This is where love becomes even more powerful.

Love doesn’t stay behind like furniture in an empty room.

Love is not trapped in a building.

Love is not tied to a title.

Love is not dependent on proximity.

Love is not limited by distance.

Love doesn’t end because the season ends.

Love becomes part of who we are.

If what we experienced was real, then it remains real. Every lesson learned remains. Every sacrifice made remains. Every moment of growth remains. Every prayer remains. Every laugh shared remains. Every tear shed remains.

Nothing was wasted. **Nothing.**

Because God was present in it all.

If God was present in it all, then the love that was built there is not lost—it is sealed. It becomes part of our story, part of our character, part of our heart.

That is why letting go hurts. Not because something is being taken away, but because something beautiful was given.

Love is not shallow. Love is holy. Love leaves fingerprints. Love leaves memories. Love leaves strength behind.

And that is why it hurts so deeply.

But here is the beautiful truth: love stays with you, even when the chapter changes.

It may look different. It may feel different. But it stays. Because true love is not temporary—it transforms. It forms us. It shapes the way we see the world. It teaches us what matters. It teaches us who we are. It teaches us how to become more like Christ.

That is where the Lord gives us peace.

Even when it feels like we are in the wasteland, God promises rivers.
Even when it feels like we are in the wilderness, God promises a path.
Even when we don't know what is next, God promises His presence.

The same God who was faithful in the last chapter will be faithful in the next one.

We may not see it yet. We may not understand it yet. We may not be ready for it yet. But He is already working.

Maybe that is the invitation in every season of letting go: to trust that God is not taking love away from us—He is teaching us that love is strong enough to remain.

Love doesn't end when circumstances change.
Love doesn't disappear when routines shift.
Love doesn't fade when people are no longer near.

Love remains.

And more than that—**God remains.**

He remains in every obstacle we will overcome, in every new experience we will have, in every new person we will encounter, and in every step we will take.

When we trust Him, we begin to realize something comforting: we are not losing everything—we are being carried forward.

The love we've been given is not being erased. It is being planted deeper.

And one day, we will look back and realize this truth:
God didn't abandon us in the wilderness.
He walked with us through it.
He made a way.
He brought rivers to places we thought would never bloom again.

Vivat Jesus!

Sergio Almada



Monthly Meet-Up for All Knights and Their Families
No Meet Up this month due to Ash Wednesday

Last month's meet-up at Aquaterra was a great success, with an excellent turnout and plenty of laughter, fellowship, and good conversation. It was wonderful to see so many Brother Knights come together to enjoy a relaxed evening and strengthen the bonds that make our Council so special. Due to Ash Wednesday, our meet-up for this month will be cancelled as we begin the Lenten season. We look forward to regrouping the following month and continuing the great momentum of fellowship we've built together.



Monthly Potluck Dinner

We warmly invite all brother Knights, along with your family and friends, to join us for our first monthly potluck of 2026! It's a great opportunity to share a meal, enjoy fellowship, and spend time together in a relaxed and welcoming atmosphere. Please bring a favorite dish to share, and come ready for good food, good conversation, and great company. We look forward to seeing everyone there!



February Knight of the Month

We are proud to recognize **Brother Gene Simon** as our **Knight of the Month**. Born on May 15, 1957, to a Sicilian mother, Angie, and a Ukrainian father, Oleh, Gene's life journey has taken him from San Francisco through several Southern California communities before ultimately calling Fallbrook home. Throughout his life, Gene has allowed his Catholic faith to guide him in marriage, family, and service. He has been married to his wife, Carolyn, for nearly 37 years and is a devoted father to their three children, Claire, Molly, and Robert. Gene spent 33 years serving as a high school and community college teacher and coach, faithfully living out Christ's call to lead and mentor others.

Gene's dedication to service is evident through his long-standing involvement in numerous ministries and community organizations, many of which he has supported for two or more years: **Knights of Columbus (4 years)**, **Schola Cantorum of the Pacific Choir (40 years)**, **Fallbrook Food Pantry (2 years)**, **St. Peter's Men's Fellowship (3 years)**, **San Diego County Volunteer Sheriff (2 years)**, **Oceanside Senior Anglers as an instructor for the Scouts Fishing Merit Badge (4 years)**, **Coaches of Influence (COIN) (15 years)**, and **St. Peter's Hospitality Ministry (3 years)**. Through these roles, Gene consistently demonstrates that loving actions sustain life and strengthen community.

We thank Brother Gene for his humility, generosity, and unwavering commitment to keeping Christ at the center of all he does. His faithful service is a true blessing to our Council, our parish, and our wider community



Faith in Action

Gabriel Almada and **Lizzie Bernier** faithfully serving on the altar alongside **Fr. Arturo**. Their reverence, attentiveness, and willingness to serve are a beautiful witness to the faith of our young parishioners. We are grateful for their dedication and for the families who support and encourage them in this important ministry.



FRIDAY NIGHT FISH FRY

KNIGHTS OF COLUMBUS



SIGNATURE PLATTERS

Beer Battered Fish & Chips

\$10

2 pieces of beer battered cod, served with fries with homemade coleslaw, garnished with lemon and tarter sauce

Beer Battered Shrimp & Chips

\$15

Half a dozen beer battered shrimp, served with fries, homemade coleslaw, garnished with lemon and tarter sauce

Seafood Combo Platter

\$15

1 piece of beer battered cod and 3 beer battered shrimp, served with fries, homemade coleslaw, garnished with lemon and tarter sauce

Baked Salmon Platter

\$15

Fresh baked salmon, served with steamed potatoes and vegetables. Garnished with a fresh lemon wedge

Kids Fish & Chips Platter

\$5

1 pieces of beer battered cod, served with fries and garnished with lemon and tarter sauce

ICE CREAM FOR DESSERT



Fish Fry's are Right Around the Corner!

The Knights of Columbus invite you to gather around the table for our **Annual Lenten Fish Fry**, beginning **Friday, February 20th, from 5:00 to 7:30 p.m.** For generations, Knights across the country have upheld this cherished Lenten tradition—one that took root in American parish life in the mid-20th century as a way to bring together faith, fellowship, and charity during the season of Lent. Our Fish Fry is proudly volunteer-driven, and we especially welcome helping hands for kitchen clean-up beginning at **7:30 p.m. until completion**. Come enjoy a great meal and even stronger community, with menu options including **Children's Plates (\$5)**, **Fish & Chips (\$10)**, **Baked Salmon (\$15)**, **Hand Beer-Battered Shrimp (\$15)**, or a **Fried Fish & Shrimp Combination (\$15)**. And yes—**free ice cream and dessert** will be served. A shared meal, a shared mission, and a meaningful opportunity to serve.

If you'd like to help with prep, cooking, serving, or cleanup, please connect with **Brother Jeremy** at **(760) 216-2776**. Your time and talent make these evenings possible—thank you!



St. Patrick's Dinner Dance

The Knights of Columbus are excited to invite you to one of our parish's most cherished traditions—the **Annual St. Patrick's Day Dinner Dance**, taking place **Saturday, March 14th** at **St. Peter's Hall**, with doors opening at **5:00 p.m.** This festive evening has been celebrated at our parish for many years and continues to be a joyful opportunity for fellowship, community, and celebration. Guests will enjoy a lively night featuring **live music and Celtic dancers**, great food, and plenty of Irish spirit. Tickets are **\$35 per person**, and reservations are encouraged. As with all of our events, this evening is made possible by the dedication of our volunteers.

If you are able to lend a hand and help make this event a success, please contact **Devin Hurst** at **(858) 776-5124**. We look forward to celebrating together and continuing this wonderful parish tradition.



Saturday **Last Name:** _____
 February 7, 2026 _____

5:30 pm until 7:30 pm **First Name** _____

St. Peter Hall _____

Doors open 5 p.m.

Reserve your Chili Cook-Off space for tree by Feb 6"



Purchase online

**Why wait in line? Reserve your \$25*
 Bingo Kit by Feb. 6th!
 (Kit includes games 1 thru 9 & 1 dauber)**

Bingo Game Kit will be \$35 at the door.
 Additional Daubers will be available at the door for - \$2
 Individual games may be purchased for \$5 each
Seats are first come first serve

	Qty	Qty
\$25 Bingo Kit (Games 1 thru 9 & 1 dauber) * No trading on missed bingo games	\$25	
Individual Chili pass \$10 each person. Remember only one tasting of each chili entry	\$10	
Raffle tickets \$2 each	\$2	
Raffle tickets 3 for \$5	\$5	
\$1 Food Ticket to be use at bar and/or kitchen (ex. Family of 4: 4 hotdogs \$8, 2 Nachos \$4, 2 adult drinks. \$10 & 2 sodas \$4 would be \$28) (No Refunds on unused tickets)	\$10	

Wish we could make it; but we would love to continue to support Catholic education. Here is our tax-deductible donation

Grand Total

\$ _____

Yes! Reserve my space for the chili cook off.
 Recommend 6-quart crock pot to maximize vote voting samples.
 Please bring a 20ft extension cord for your crock pot.

***** Please bring any signature toppings like shredded cheese or diced onions. ******

Please have your chili in hall by 4:30 pm (Hall opens 3pm)

Phone: _____ Email: _____



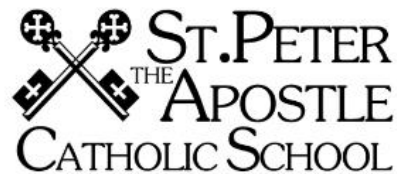
For more information contact the school office office 760-689-6250

SPACS Chili Cook-Off & Bingo Night

St. Peter the Apostle Catholic School invites you to one of the hottest family events of the year—the Annual Chili Cook-Off & Bingo Night on Saturday, February 7, 2026, in St. Peter’s Hall. Doors open at 5:00 p.m., with the event running from 5:30 p.m. to 7:30 p.m. Enjoy an evening of fun, food, and friendly competition as participants compete for Best Chili, along with bingo games, raffle prizes, and great fellowship for the whole family. Bingo kits may be reserved in advance for \$25 (games 1–9 and one dauber) or purchased at the door for \$35. Chili tasting passes are available for \$10 per person, and raffle tickets and food tickets will be sold throughout the evening. All proceeds support Catholic education at St. Peter the Apostle Catholic School. Seating is first come, first served, and early reservations are encouraged.

For more information, please contact the school office at 760-689-6250.

Super Squares Fundraiser!



Support our school by participating in our super squares fundraiser for the big game!

100 squares, \$20 per square
\$200 - 1st Qtr
\$300 - Halftime
\$200 - 3rd Qtr
\$300 - Final
\$1,000 to SPACS



- 1.) Buy your Squares** with Pay Here Link or QR Code. \$20 for 1 square, \$40 for 2, \$60 for 3, etc.
- 2.) Forward your receipt** to spacsfallbrook@gmail.com to confirm entry
- 3.) Check your email** on February 8th to see your squares!
- 4.) Win Big with SPACS!!!!**



Super Squares Fundraiser – Support SPACS & Win Big!

The Annual Super Squares Fundraiser is here—a fun and exciting way to enjoy Sunday’s big game while supporting our wonderful St. Peter the Apostle Catholic School. For just \$20 per square, participants have the chance to win cash prizes throughout the game, with proceeds benefiting SPACS. Payouts include \$200 for 1st Quarter, \$300 at Halftime, \$200 for 3rd Quarter, and \$300 for Final Score, with \$1,000 going directly to SPACS.

Squares can be purchased online at <https://spacs-ptg.square.site/super-square>, or you may email spacsfallbrook@gmail.com (or me directly) with the names you’d like placed on your squares.



January 23, 2026

St. Peter the Apostle Parish
Attn: KOC #7069, Attn: B J Binford
PO Box 551
Fallbrook, CA 92088-0551

Dear Mr. Binford:

I am writing to thank the members of Knights of Columbus Council #7069 for the generous gifts you made recently of \$500.00 to Nicholas Dunn, Matthew Junker, Mike Sibal, and Miguel Solis.

Your gift and promise of prayers are a tremendous support to the men during the period of their priestly formation. How important it is that they know the support of God's people as they discern a call to priesthood. May God, who is never outdone in generosity, continue to bless the members of your council.

Sincerely Yours in Christ,



Rev. Matthew D. Spahr
Rector

MDS:mm

*God bless you in your
generosity to our men!*

Letter of Gratitude

Our Council recently received a letter of gratitude from the Saint Francis de Sales Center of the Diocese of San Diego, thanking our Council for a \$500 donation made in support of each of the four Seminarians. The gift was designated to assist seminarians Nicholas Dunn, Matthew Junker, Mike Sibal, and Miguel Solis as they continue discerning God's call to the priesthood. The letter expressed deep appreciation not only for the financial support, but also for the continued prayers of the Knights, emphasizing how meaningful it is for these men to know they are supported by the faithful during their formation. We are grateful for the generosity of our Brother Knights and remain committed to supporting vocations and the future of our Church.

Men's Prayer Breakfast (Saturday, February 7th)

Men of the parish are invited to join us for a **Men's Prayer Breakfast on Friday, February 7th**. We will begin the morning with **Mass at 7:30 a.m.**, followed by breakfast and fellowship. Our guest speaker will be **Bob Bermudez**, a former FBI agent, who will share his powerful personal testimony and faith journey. This is a great opportunity to grow spiritually, connect with other men of the parish, and start the day grounded in prayer and reflection. All men are encouraged to attend.

Council Meeting – (Wednesday, February 11th 6:30pm)

Get ready for our next Knights of Columbus Council meeting! We'll have an optional social hour at **6:30 PM** with food, drinks, and good conversation, and the official meeting begins at **7:30 PM** sharp. Whether you come for the pre-meeting hangout or just the meeting, we look forward to seeing you there!

February Food Drive (February 21st & 22nd)

Thank you to everyone who supported last month's food drive and helped make it a success. Through the generosity of our parish community, we collected **75 pounds of food and \$400 in monetary donations**, all of which will go directly toward helping those in need. Your continued support truly makes a difference for local families. Our **next food drive will take place February 21st and 22nd**, and we invite everyone to once again come together in the spirit of charity and service to support this important effort.

There are thousands of individuals in our community, 40% of whom are children, who do not have enough food. The Fallbrook Food Pantry has a quote on their publications that reads: "When you're hungry, nothing else matters." Jesus has said "when you give to the least among you, you give to me."

Please bring non-perishable food items to the church the 4th weekend of every month. The Food Pantry also appreciates donations of cash, and a donation box will also be available for those who wish to make a financial contribution. Thank you for your support of this crucial effort.

Good of the Order Drawing for February

Make sure you attend our Counsel Meeting on Wednesday, October at 7:30pm at the Parish Hall to win this month's good of the order drawing!

Welfare Committee

Brother Tim Melvin has volunteered to head this committee in hopes of bringing more support to those Knights in the area whom we have not seen recently. A phone conversation is a good start but going to someone's home and spending time with them, knee to knee, is truly what we are about. If you know of a brother Knight that is in need or distress please contact our Tim Melvin 805-796-0550 or our Grand Knight Adam Nogueira 760-535-5387 so that we can help!

We Need Email Info for Widows

If you have the email contact for any of our widows, please send it to the Grand Knight so that he can build a contact list and ensure our widows have our bulletin so they're able to attend our events. Call or Text Adam Nogueira at (760)535-5387

Birthdays (February)

Juan R Gomez, Angel G Sanchez, Sergio A Almada, Salvador C Ayala, Adam L Nogueira, Steven L Zimmerle, Juan D Dominguez, Bob C Kahle, Mario A Vazzana, Edward E Erzen, Daniel J Forster, Richard A Mcknight, Hugo O Portillo, Juan Domingo Jr, Guillermo C Vasquez, Richard V Hardy, Philip L Hernandez

Prayer List

Please keep in your prayers the members and their families who are sick or in distress. Please pray for Daryl Suzukawa, Bruce Bevans, Rose Marie Helling, Carol Carper, Jan Bruno, Joe, Anne Marie and Trechtor, Les and Barbara Von Nordheim, John Hersh, Charlotte Price, Nancy Brown, Father Bob, Peter Berens, Jim Christianson, Myrna Binford, Cathy Krajewski, Jonathan Diza, Barry & Winnie Pavlovich, Linda Hyack, Carolyn LaFave, Jeff Reyes, Imelda Roth, Lelani Pedro, Bill Byrne, Matt Scherer, Valarie Kalthie, Harriet Beres, Julie Bernier, Carry Bergantine, Janet & Francis Ridgeway, Robert Sucher

**If you know of someone in need of prayers, please call our
Grand Knight, Brother Adam Nogueira 760-535-5387**
